Mandara Spa at Sheraton Imperial Kuala Lumpur Hotel

Open 10am to 10pm daily

Packages of Mandara

Ultimate Indulgence 2 hrs 40 mins RM490 An exotic, luxurious and unforgettable celebration of indulgence. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Herbal Steam ~ Aromatherapy Floral Bath ~ Mandara Massage ~ Foot Massage ~ Elemis Taster Facial.

Frangipani Body Glow 2 *brs RM420* Entice your body to an exfoliation with a difference. Warmed oils drizzled over your body ~ sumptuous Elemis Exotic Lime & Ginger Salt Glow massaged into the skin to slough away dryness ~ shower ~ embalm the body with Elemis Exotic Frangipani Monoi Oil ~ receive a relaxing scalp massage and a mini facial whilst wrapped in the fragrant cocoon ~ Balinese Massage.

Harmony 2 hrs RM300 A delightful package that will leave you looking refreshed and radiant. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage or Pure Nature Facial.

Dream Weaver 1 hr 50 mins RM265 Head to toe indulgence for radiant skin and a dream-like sense of overall well-being. Aromatherapy Floral Footbath ~ Balinese Massage ~ Pure Nature Facial.

Spa Discovery 1 br 20 mins RM225 Age-old tradition combines with the finest European skincare for a deliciously relaxing experience. Balinese Massage ~ Elemis Taster Facial.

Spa Sampler 1 hr 20 mins RM215 Experience the pleasure of relaxation with this combination of Balinese Massage and your choice of Refresher Facial or Foot Massage.

Elemis Face

Elemis Pro-Collagen1 br 15Quartz Lift Facial

1 hr 15 mins RM475

Anti-wrinkle facial with proven results.

Clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just 1 treatment*. Specialised lifting massage, combined with proven marine extract, Padina Pavonica, helps re-energise cell communication and rejuvenate skin.

Elemis White Brightening Facial 1 hr RM475 Illuminates and brightens for a naturally more even complexion.

This highly effective white brightening facial visibly illuminates the complexion to leave it naturally more even and translucently clear. This targeted treatment responds to individual skin needs, helping to reduce age spots, discolouration, and dull skin tone and texture on the face, neck, décolleté, arms and hands. Leaves the complexion illuminated, more even and beautifully white bright

Elemis Skin IQ+ Facial for Men 1 br 15 mins RM435 Anti-ageing booster for tired, stressed and debydrated skin.

The ultimate skin overhaul for maximum anti-ageing results. Charged with clinically proven Time Defence Wrinkle Delay and Eye Reviver, this treatment is tailored to help combat the effects of a hectic lifestyle and environmental stressors.

Elemis Skin Specific Facial 1 br **The perfect skin maintenance facial**.

hr RM255

Customised to your skin type, this facial combines skin conditioning plant actives, a prescribed mask and unique eastern facial massage techniques. Your face is deeply cleansed to help renew radiance, nourish and balance skin.

*Independent clinical trials

Elemis Body

Elemis Exotic Frangipani 45 mins RM235 Body Nourish Wrap

Deeply nourishing aromatic treat.

Aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce monoi, which is poured all over your body and then cocooned in a nourishing foil wrap. Skin is drenched with moisture for immediate softness, suppleness and radiance.



All prices are quoted in Ringgit Malaysia and inclusive of applicable Goods and Services Tax. Rates are subject to change without notice.



Mandara Spa at Sheraton Imperial Kuala Lumpur Hotel Open 10am to 10pm daily

Elemis Exotic Lime & 45 mins RM235 Warm Stone Massage **Ginger Salt Glow**

RM145

1 hr 20 mins 50 mins

RM245 RM165

The healing power of touch combines with the energy of the earth in this relaxing, muscle melting massage. Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, rocks are placed on the body's various energy points to encourage the body's healing potential.

Muscle Ease Massage	1 br 20 mins	RM230
	50 mins	RM145
This deep tissue sports massage		

muscle relaxation. It is designed to increase flexibility, relieve muscle tightness and improve circulation and recovery time.

Fancy Foot-work 50 mins RM130 The most blissful ride your feet will ever take you on. It's like reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

More of Mandara

Spa Pedicure	1 br 15 mins	RM 80
French Manicure	1 br 15 mins	RM 80
Spa Manicure	1 br	RM 80

These deluxe treatments include an aromatherapy hand or foot soak, traditional nail care, cuticle stimulation, nail polish and a wonderfully relaxing hand and arm or lower leg massage. The Spa Pedicure also includes a rejuvenating foot mask.

Gift Certificate

Gift certificate purchase is available for all spa treatments or at a value amount. Please contact our Spa Reception for further details.

Homecare & Gifts

Luxury skin and body care products along with beautiful gifts are available at our spa boutique.



All prices are quoted in Ringgit Malaysia and inclusive of applicable Goods and Services Tax. Rates are subject to change without notice.



Transcend. Transform. Trust the moment.

Invigorating deep cleanse.

Feel your senses lifted and your body invigorated by the sublime Exotic Lime and Ginger Salt Glow infused with skin enriching Japanese Camellia Oil Blend. After light body brushing, warm oil is drizzled luxuriously over the body. Skin is deeply cleansed,

Face of Mandara

Pure Nature Facial

leaving it silky-smooth and glowing.

50 mins

Mandara Spa's signature facial is rich in enzymes that can peel away dead skin, antioxidant vitamins to protect and treat the cells from environmental (and self-induced!) pollutants and natural oils for deep nourishment. We use only natural ingredients with no harmful preservatives or additives. There are three options for different skin types, relying on nature's life-force to restore the equilibrium and deliver a vitamin and mineral burst to your skin. **Preserve** ~ a cleansing and rejuvenating facial for normal skin. Renew ~ a fruit acid facial for treating environmentally damaged

skin.

Enricb ~ a nourishing facial for dry or mature skin.

Body of Mandara

Mandara Massage 1 br 20 mins RM420 50 mins RM265

Our signature massage, performed by two therapists working together, is a unique blend of five different massage styles -Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. The synchronisation of the two therapists makes this massage a sublime experience.

Balinese Massage	1 hr 20 mins	RM230
-	50 mins	RM145
Used for centuries to renew,	strengthen and	heal both body an

nd mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also help to improve the circulatory, lymphatic, muscular and nervous systems.